

## **VOLUNTEER OPPORTUNITIES**

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**OUTREACH DEPARTMENT:** Volunteers are always needed for transportation, grocery shopping, prescription pick-up, friendly visiting, office work and much more. Contact Outreach at 978-540-2472.

**SENIOR TAX REBATE PROGRAM:** Volunteer opportunities for participating taxpayers 60 years or older, in exchange for a reduction in their tax bills.

**FRIENDS OF THE LITTLETON COUNCIL ON AGING THRIFT SHOP.** Looking for volunteers to work in and sort clothes and various items.

**MEAL SITE:** Volunteers needed to assist manager in serving, and clean up during lunch. Call Gayle Dalton at 978-540-2474.

**MEALS ON WHEELS :** Volunteers are needed to setup meals on wheels for the drivers. Call Gayle Dalton at 978-540-2474.

**MEALS ON WHEELS DRIVERS:** Volunteers are needed to deliver meals on wheels to the homebound. Can you commit to 3 hours per month? Please call 978-540-2470 for more information.

**CABLE TELEVISION:** The COA has a Program review broadcast on the local cable station. We are always looking for volunteers that have something special to share and also to produce programs. Call Barbara McRae at 978-263-7905.

The Council on Aging also addresses the social and recreational needs of our seniors. Craft classes, exercise, scrabble, mah-jongg, bridge, Wii and trips of interest are provided.