

2020



COMMUNITY RESOURCES

AN OVERVIEW OF RESOURCES AVAILABLE IN LITTLETON AND THE
SURROUNDING TOWNS.

LITTLETON ELDER AND HUMAN SERVICES DEPARTMENT
33 Shattuck Street Littleton, MA 01460

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Littleton Elder and Human Services

‘DEDICATED TO A HEALTHY TOWN AND A STRONG COMMUNITY’

The mission of the Department of Elder and Human Services and the Council on Aging is to identify and serve the social, recreational, health and educational needs of older adults in the community. We strive, to the greatest extent possible, to maintain dignity, independence and support for their role as community members. To this end we provide opportunities for seniors to build physical, emotional, intellectual and social wellbeing. In addition, we provide human services for all residents of the town, especially assisting low-income and distressed individuals with securing needed services.

Police/Fire/Ambulance/Emergency

Emergency.....	911
Police – Non Emergency.....	978-952-2300
Fire – Non Emergency.....	978-952-2302
Poison Control Center.....	800-222-1212
Elder Abuse / Elder @ Risk.....	800-922-2275
Elder Abuse Hot Line	
Operating 7 days a week, 24 hours a day.....	800-922-2275
Advocates Crisis Intervention.....	800-640-5432
National Domestic Violence Hotline.....	800-799-7233
National Runaway Safeline (Youth).....	800-786-2929
Animal Control Officer.....	978-264-1750
For non-emergency.....	978-264-1763
Sage’s National LGBT Elder Hotline.....	877-360-5428
Trans Lifeline.....	877-565-8860

Medical/Health Care

Adult Day Health Programs (Supervised Medical Treatments)

All Care Adult Day Health @North Village, N. Chelmsford	978-251-0367
Castle Hill ADH, Chelmsford.....	978-250-1121
Community Family, Lowell.....	978-458-4844
D’Youville ADH Center, Lowell.....	978-454-5681
Home Away from Home, Lowell.....	978-453-4663

Adult Supportive Day Programs (Supervised daytime activities)

Littleton Social Club, Littleton COA.....	978-540-2470
Andover Social Day Program.....	978-623-8321
Chelmsford Adult Social Day Program.....	978-251-8880
Pleasantries Adult Day Services Marlborough.....	508-481-0809

Pharmacy Delivery

Bouvier Pharmacy.....	508-485-0432
CVS – (online only) www.cvs.com	
Walgreens – (online only) www.walgreens.com	

Prescription Drugs

Mass Medline.....	866-633-1617
Prescription Advantage.....	800-243-4636

Hospital/Urgent Care

Lowell General Hospital.....	978-937-6000
Nashoba Valley Medical Center.....	978-784-9000
Emerson Urgent Care of Littleton.....	978-287-8990

Skilled Nursing Facilities

Life Care Center of Nashoba Valley	
Littleton MA.....	978-486-3512

Medical/Health Care

Skilled Nursing Facilities *continued*

Apple Valley Center

Ayer MA.....978-772-1704

Westford House

Westford MA.....978-392-1144

Life Care Center of Acton

Acton MA.....978-263-9101

Nutritional Programs/Food Pantrie

Nutritional Programs

Supplemental Nutrition Assistance Programs (SNAP).....978-446-2400

Contact Amy at the COA to apply.....978-540-2472

Project Bread.....800-645-8333

Home Delivered Meals.....888-222-6171

Food Pantries

Loaves and Fishes

234 Barnum Road, Devens.....978-772-4627

Acton Community Supper and Food Pantry

235 Summer Road Building #1, Boxborough.....978-635-9295

Grocers that Deliver

Roche Brothers.....978-263-0404

Stop and Shop (PeaPod).....800-573-2763

Donelans.....978-486-8986

Community Dining

Senior Diner.....781-325-7879

Neighborhood Supper, held every Tuesday

Congregational Church, Littleton.....978-486-3245

Nutritional Programs/Food Pantries

Community Dining *Continued*

Open Table, Inc. - held every Tuesday

Maynard.....978-369-2275

Open Table, Inc. – held every Thursday

Concord.....978-369-2275

Mt. Calvary Community Supper – held every Wednesday

Acton.....978-263-5156

General Assistance

Clothing/Household Goods

Friend's Thrift Shop | Open Monday – Friday 10:00a-3:00p

33 Shattuck Street, 2nd floor.....978-540-2484

Household Goods Recycling of MA- 530 Main St., Acton, MA.....978-635-1710

The Salvation Army-300 Main Street Market Place, Nashua NH.....800-728-7825

Financial Assistance

Littleton COA

Various benefits can be explored such as Fuel Assistance, SNAP, Senior Tax programs,

Etc. Contact our Outreach Coordinator, Amy DeMichele.....978-549-2472

Social Security Administration, Information and Referral.....800-772-1213

Social Security Office, Lowell.....978-452-5509

St. Vincent De Paul Ministry.....978-320-4215

Shelters

Our Father's House Inc.

Emergency Shelter Program | Short term no more than 180 days (Dry Shelter for Men)

55 Lunenburg St. Fitchburg.....978-345-3050

Elizabeth House Program | Transitional Program (Women in Recovery)

76 Mechanic St. Fitchburg.....978-343-5720

General Assistance

Shelters *continued*

West Street Sober House | Permanent Housing for Men in Recovery

42 West St. Downtown Leominster.....978-343-5720

Our Fathers House Inc.

Transitions at Devens | Single female-headed homeless women and their children

13 units operated in Devens

Our Father's House *Continued*

7 scattered apartments in Fitchburg

Closed referral process, must call to apply.....866-584-0653

Street Outreach (Mobile Outreach Unit).....978-855-5184

Willis House Shelter

53 Church St. Hudson MA.....978-562-2749

Montachusett Interfaith Hospitality Network

758 Main St. Leominster MA.....978-466-1704

Alternative House (Domestic Violence)

Lowell.....978-937-5777

888-291-6228

House of Hope Family Shelter

812 Merrimack St. Lowell MA.....978-458-2870

Lowell Transitional Center

205-209 Middlesex St. Lowell MA.....978-441-0805

Traditional Living Center

189 Middlesex St. Lowell MA.....978-452-5509

Transportation

Cross Town Connect.....978-844-6809

Montachusett Area Regional Transit Authority (MART).....978-345-7711

Clinton Livery.....978-368-0875

General Assistance

Utilities/Water

Littleton Electric Light & Water Department (LELWD)

39 Ayer Road, Littleton.....978-540-2222

National Grid

Lowell MA.....800-322-3223

Comcast

6B Corner Stone Square, Westford.....978-727-8064

Verizon.....866-489-5501

Earthlink.....866-877-0413

Social Services

Veterans Service Officer, John Boroski.....978-540-2485

Outreach Coordinator, Amy DeMichele.....978-540-2472

Littleton Liaison Police Officer, Officer Camelo.....978-952-2300

Addictions Referral Center, Inc.....508-485-4357

Alzheimer's Association help line.....617-868-6718

Memory Café - local locations (no cost)

Belmont: 4th Friday of the month from 10:00a-12:00p

266 Beech Street, Belmont - RSVP to Amy.....978-505-3779

Billerica: 2nd Wednesday of each month from 1:00p-3:00p (1/2020 – time change to 12:00-2:00p)

Billerica Public Library | 15 Concord Road

Online registration requested www.billericalibrary.org under events

For additional information call Lizzie.....978-671-0948 ext. 4113

Concord: 2nd Monday of the month from 11:00a-1:00p (no meetings for October/November- resuming in December)

Harvey Wheeler Building | 1276 Main St. West Concord

RSVP to the Concord COA.....978-318-3020

General Assistance

Social Services *continued*

Memory Café – local locations (no cost)

Acton: 2nd Friday of the month from 11:30a-1:00p

Acton Human Services & Senior Center | 30 rear Sudbury Road, Acton

RSVP to Acton Human Services and Senior Center.....978-929-6652

Acton: The Red Raven, the 1st Saturday of each month from 11:30a-1:30p

RSVP to Jenifer.....978-274-2231

Lincoln: 4th Thursday of the month from 9:30a-11:00p

The Commons in Lincoln | 1 Harvest Circle

RSVP to The Commons in Lincoln.....781-259-8811

Littleton: 4th Saturday of each month from 10:00a-12:00p

First Baptist Church of Littleton | 461 King St.

RSVP to Anne Lee.....978-486-4075

Blind / Visually Impaired

MA Commission for the Blind.....800-392-6450

Visions of Independence.....781-784-3320

MAB Community Service.....800-852-3029

Lowell Association for the Blind.....978-454-5704

Deaf / hard of Hearing

Mass Relay800-720-3479

MA Comm. For the Deaf and Hard of Hearing

TTY.....800-530-7570

Voice.....800-882-1155

Minuteman Senior Services.....781-272-7177

Housing

Littleton Housing Authority | Subsidized/Section 8 vouchers

19 Shattuck St.....978-486-8833

Mill Pond.....978-486-9717

Village Green

Boxwood Drive, Littleton MA.....978-776-6114

Littleton Motor Court | 55+ Community

239 Ayer Road.....978-772-2095

Westford Housing Authority.....978-692-6011

Chelmsford Housing Authority.....978-256-7425

Chelmsford Crossing, Chelmsford MA.....978-250-8855

Atrium at Drum Hill, Chelmsford MA.....978-934-4000

Assisted Living

Life Care Center of Nashoba Valley

Littleton MA.....978-486-3512

Bridges Assisted Living and Memory Care

Westford MA.....978-692-9541

Nashoba Park Assisted Living

Ayer MA.....978-772-0707

Benchmark Senior Living at Robbins Brook

Acton MA.....978-503-1186

Places of Worship

Congregational Church of Littleton

330 King Street, Littleton.....978-486-3245

St. Anne Catholic Church

75 King Street, Littleton.....978-486-4100

St. Vincent De Paul.....978-320-4215

First Church Unitarian

19 Foster Street, Littleton.....978-486-3044

Boston MetroWest Bible Church

511 Newtown Road, Littleton.....978-486-4598

First Baptist Church of Littleton

461 King Street, Littleton.....978-486-4660

The Church of Jesus Christ and Latter-day Saints

616 great Road, Littleton.....978-846-9220

Congregation Beth Elohim

133 Prospect Street, Acton.....978-263-3061

Chabad of Nashoba Valley

26 Tadmuck Road, Westford.....978-399-0045

